



Prince George's County Public Schools  
 Elementary (K-8), Middle School (6-8)  
 Breakfast & Lunch Menu  
 September 2020 (includes 8/31)

+This Item is Meatless  
 \*This Item Contains Pork  
<sup>1</sup> Contains Beef

MONDAY (PICK-UP)	TUESDAY	WEDNESDAY (PICK UP)	THURSDAY	FRIDAY
8/31 <u>Breakfast:</u> - Assorted Cereal Bowl w/Graham Crackers+ - Cinnamon Applesauce Cup - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Turkey & Cheese Sandwich - Taco Hummus Cup - Celery Sticks - Craisins - Assorted Milk	9/1 <u>Breakfast:</u> - Cinnamon Glazed Toast+ - Craisins - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Chicken Tenders & Waffles - Crinkle Cut Fries - Peach Applesauce Cup - Assorted Milk	9/2 <u>Breakfast:</u> - Pork Sausage, Cheese & Egg Breakfast Bagel* - Hash Brown Rounds - Natural Applesauce Cup - Assorted Milk <u>Lunch:</u> - Turkey Ham & Cheese Sandwich - Baby Carrots - Fresh Broccoli Florets - Fresh Apple Slices - Assorted Milk	9/3 <u>Breakfast:</u> - Pumpkin Bread Slice+ - Assorted Fresh Fruit - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Stuffed Crust Pizza+ - Baby Carrots - Celery Sticks - Fresh Apples - Assorted Milk	9/4 <u>Breakfast:</u> - Mini Blueberry Pancakes+ - Fresh Apple Slices - Craisins - Assorted Milk <u>Lunch:</u> - Taco Dip Cup <sup>1</sup> - Reduced Fat Tostitos - Red Gold Salsa - Black Bean & Corn Mix - Fresh Orange - Assorted Milk
9/7 <p style="text-align: center;"><b>Labor Day</b></p> <p style="text-align: center;"><b>Schools &amp; Offices Closed</b></p>	9/8 <b>(Pick-Up Day)</b> <u>Breakfast:</u> - Assorted Cereal Bowl w/Graham Crackers+ - Cinnamon Applesauce Cup - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Turkey Ham & Cheese Sandwich - Taco Hummus Cup - Baby Carrots - Fresh Nectarines - Assorted Milk	9/9 <u>Breakfast:</u> - Southwest Egg & Cheese Sliders+ - Fresh Apple Slices - Craisins - Assorted Milk <u>Lunch:</u> - Peanut Butter & Jelly Sandwich w/Cheese Stick+ - Taco Hummus Cup - Fresh Broccoli Florets, - Fresh Apple Slices - Assorted Milk	9/10 <u>Breakfast:</u> - Assorted Yogurt+ w/Cinnamon Granola+ - Assorted Fresh Fruit - Strawberry-Banana Applesauce Cup - Assorted Milk <u>Lunch:</u> - Eggo Pancakes w/Chicken Sausage - Tater Tots - Natural Applesauce Cup - Assorted Milk	9/11 <u>Breakfast:</u> - Pork Sausage Biscuit - Fresh Orange - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Macaroni & Cheese+ - Baby Carrots - Celery Sticks - Fresh Peach - Assorted Milk
9/14 <u>Breakfast:</u> - Assorted Cereal Bowl w/Graham Crackers+ - Assorted Fresh Fruit - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Turkey & Cheese Sandwich - Taco Hummus Cup - Baby Carrots - Craisins - Assorted Milk	9/15 <u>Breakfast:</u> - Ham, Egg, and Cheese Tac-Go* - Assorted Fresh Fruit - Red Gold Salsa Cup - Assorted Milk <u>Lunch:</u> - Café Burger <sup>1</sup> on Bun - Crinkle Cut Fries - Fresh Apple Slices - Assorted Milk	9/16 <u>Breakfast:</u> - Mini Muffin Loaf+ w/Cheese Stick - Assorted Fresh Fruit - Natural Applesauce Cup - Assorted Milk <u>Lunch:</u> - Turkey Italian Cold Cut - Taco Hummus Cup - Baby Carrots - Frozen Fruit Cup - Assorted Milk	9/17 <u>Breakfast:</u> - Pork Pancake Wrap on a Stick* - Assorted Fresh Fruit - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Turkey Corn Dog Nuggets - Sweet Potato Fries - Fresh Fruit in Season - Assorted Milk	9/18 <u>Breakfast:</u> - Turkey Sausage Breakfast Pizza - Fresh Apple Slices - Craisins - Assorted Milk <u>Lunch:</u> - Cheese Pizza Bagel+ - Fresh Broccoli Florets - Fresh Cauliflower Florets - Fresh Apple Slices - Assorted Milk
9/21 <u>Breakfast:</u> - Assorted Cereal Bowl w/Graham Crackers+ - Assorted Fresh Fruit - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Peanut Butter & Jelly Sandwich w/Cheese Stick+ - Baby Carrots - Celery Sticks - Craisins - Assorted Milk	9/22 <u>Breakfast:</u> - Pillsbury Stuffed Bagel+ - Assorted Fresh Fruit - Craisins - Assorted Milk <u>Lunch:</u> - Chicken Patty Sandwich - Crinkle Cut Fries - Fresh Apple Slices - Assorted Milk	9/23 <u>Breakfast:</u> - Mini Blueberry Pancakes+ - Assorted Fresh Fruit - Natural Applesauce Cup - Assorted Milk <u>Lunch:</u> - Tuna Salad w/ Savory Crackers - Baby Carrots - Celery Sticks - Flavored Applesauce Cup - Assorted Milk	9/24 <u>Breakfast:</u> - Pork Sausage and Cheese Sunrise Sandwich* - Assorted Fresh Fruit - Assorted 100% Fruit Juice - Assorted Milk <u>Lunch:</u> - Stuffed Crust Cheese Pizza+ - Fresh Broccoli Florets - Fresh Cauliflower Florets - Frozen Fruit Cup - Assorted Milk	9/25 <u>Breakfast:</u> - Turkey Sausage Breakfast Pizza - Fresh Apple Slices - Craisins - Assorted Milk <u>Lunch:</u> - Taco Dip Cup <sup>1</sup> - Reduced Fat Tostitos - Red Gold Salsa - Black Bean & Corn Mix - Assorted Fresh Fruit - Assorted Milk



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MONDAY (PICK-UP)	TUESDAY	WEDNESDAY (PICK UP)	THURSDAY	FRIDAY
9/28  Yom Kippur  Schools & Offices Closed	9/29 <b>(Pick-Up Day)</b> <u>Breakfast:</u> - Assorted Cereal Bowl w/Graham Crackers+ - Assorted Fresh Fruit - Assorted 100% Fruit Juice - Assorted Milk  <u>Lunch:</u> - Turkey Ham & Cheese Sandwich - Taco Hummus Cup - Baby Carrots - Craisins - Assorted Milk	9/30 <u>Breakfast:</u> - Assorted Super Bakery Bread Slice - Assorted Fresh Fruit - Natural Applesauce Cup - Assorted Milk  <u>Lunch:</u> - Peanut Butter & Jelly Sandwich w/Cheese Stick+ - Taco Hummus Cup - Celery Sticks - Flavored Applesauce Cup - Assorted Milk		