**Summer 2020**  
**Breakfast & Lunch Menus**  
**School Locations**

*Note: Friday Meal Packages are picked up on Thursday. Some items are Heat & Serve.*

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 6/29   | Breakfast: 
Assorted Cereal Bowl  
100% Fruit Juice  
Assorted Milk  
Lunch: 
Pizza Slice  
Assorted Applesauce Cup  
Assorted Milk | 6/30   | Breakfast: 
Blueberry Mini Muffin Loaf+  
Assorted Fresh Fruit  
Assorted Milk  
Lunch: 
Chicken Nuggets  
Fresh Fruit in Season  
Assorted Milk | 7/1    | Breakfast: 
Pillsbury Cinnamon  
Stuffed Bagel+  
100% Fruit Juice  
Assorted Milk  
Lunch: 
Fiesta Nacho\(^1\) Dip w/ 
Tortilla Chips  
Red Gold Salsa  
Assorted Milk | 7/2    | Breakfast: 
Yogurt w/Graham Crackers+  
Craisins  
Assorted Milk  
Lunch: 
Cheese Pizza Bagel+ 
Frozen Fruit Cup  
Assorted Milk |
| 7/3    | Breakfast: 
Pork Sausage, Egg & Cheese Breakfast Bagel*  
%100 Fruit Juice  
Assorted Milk  
**Independence Day Observed** | 7/4    | Breakfast: 
Turkey Maple Wrapped Pancakes  
%100 Fruit Juice  
Assorted Milk  
Lunch: 
Three Cheese Pasta+  
Baby Carrots  
Assorted Milk |

| 7/6    | Breakfast: 
Assorted Cereal Bowl  
100% Fruit Juice  
Assorted Milk  
Lunch: 
Pizza Slice  
Assorted Applesauce Cup  
Assorted Milk | 7/7    | Breakfast: 
Yogurt w/Graham Crackers+  
Fresh Sliced Apple  
Assorted Milk  
Lunch: 
Chicken Tenders  
Fresh Fruit in Season  
Assorted Milk | 7/8    | Breakfast: 
Blueberry Mini Pancakes+  
100% Fruit Juice  
Assorted Milk  
Lunch: 
Fiesta Nacho\(^1\) Dip w/ 
Tortilla Chips  
Red Gold Salsa  
Assorted Milk | 7/9    | Breakfast: 
Banana Mini Muffin Loaf+ 
Applesauce Cup  
Assorted Milk  
Lunch: 
Turkey Hot Dog on Bun  
Crinkle Cut Fries  
Assorted Milk | 7/10   | Breakfast: 
Turkey Maple Wrapped Pancakes  
%100 Fruit Juice  
Assorted Milk  
Lunch: 
Macaroni & Cheese+  
Fresh Apple Slices  
Assorted Milk |

| 7/13   | Breakfast: 
Assorted Cereal Bowl  
100% Fruit Juice  
Assorted Milk  
Lunch: 
Cheese Pizza Bagel+  
Assorted Applesauce Cup  
Assorted Milk | 7/14   | Breakfast: 
Pillsbury Strawberry  
Stuffed Bagel+  
Fresh Fruit in Season  
Assorted Milk  
Lunch: 
Chicken Nuggets  
Fresh Fruit in Season  
Assorted Milk | 7/15   | Breakfast: 
Rise n' Shine Crunch Bar+ 
Applesauce Cup  
Assorted Milk  
Lunch: 
Eggo Mini Pancakes w/ 
Chicken Sausage  
Tater Tots  
Assorted Milk | 7/16   | Breakfast: 
Pumpkin Bread Slice+  
Craisins  
Assorted Milk  
Lunch: 
Café Burger\(^1\)  
Crinkle Cut Fries  
Assorted Milk | 7/17   | Breakfast: 
Southwest Egg & Cheese Breakfast Sliders+  
%100 Fruit Juice  
Assorted Milk  
Lunch: 
Rotini Pasta w/Meat Sauce  
Fresh Apple Slices  
Assorted Milk |

| 7/20   | Breakfast: 
Assorted Cereal Bowl  
100% Fruit Juice  
Assorted Milk  
Lunch: 
Pizza Slice  
Assorted Applesauce Cup  
Assorted Milk | 7/21   | Breakfast: 
Blueberry Mini Muffin Loaf+  
Assorted Fresh Fruit  
Assorted Milk  
Lunch: 
Chicken Nuggets  
Crinkle Cut Fries  
Assorted Milk | 7/22   | Breakfast: 
Pillsbury Cinnamon  
Stuffed Bagel+  
100% Fruit Juice  
Assorted Milk  
Lunch: 
Fiesta Nacho\(^1\) Dip w/ 
Tortilla Chips  
Red Gold Salsa  
Assorted Milk | 7/23   | Breakfast: 
Yogurt w/Graham Crackers+  
Craisins  
Assorted Milk  
Lunch: 
Cheese Pizza Bagel+ 
Frozen Fruit Cup  
Assorted Milk | 7/24   | Breakfast: 
Pork Sausage, Egg & Cheese Breakfast Bagel*  
%100 Fruit Juice  
Assorted Milk  
Lunch: 
Three Cheese Pasta+ 
Fresh Apple Slices  
Assorted Milk |

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For site locations and more information visit [https://www.pgcps.org/foodandnutrition/](https://www.pgcps.org/foodandnutrition/).
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\(^{+}\)This Item is Meatless  
\(^{1}\)Contains Beef  
\(^{*}\)Contains Pork
## Summer 2020
### Breakfast & Lunch Menus

**School Locations**

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<tbody>
<tr>
<td>7/27</td>
<td>7/28</td>
<td>7/29</td>
<td>7/30</td>
<td>7/31</td>
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<tr>
<td><strong>Breakfast:</strong></td>
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</tr>
<tr>
<td>Assorted Cereal Bowl</td>
<td>Yogurt w/Graham Crackers+ Fresh Sliced Apples Assorted Milk</td>
<td>Blueberry Mini Pancakes+ 100% Fruit Juice Assorted Milk</td>
<td>Banana Mini Muffin Loaf+ Applesauce Cup Assorted Milk</td>
<td>Turkey Maple Wrapped Pancakes 100% Fruit Juice Assorted Milk</td>
</tr>
<tr>
<td>100% Fruit Juice Assorted Milk</td>
<td>Lunch:</td>
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<tr>
<td>Assorted Cereal Bowl</td>
<td>Chicken Tenders Fresh Fruit in Season Assorted Milk</td>
<td>Fiesta Nacho Dip w Tortilla Chips Red Gold Salsa Assorted Milk</td>
<td>Turkey Hot Dog on Bun Crinkle Cut Fries Assorted Milk</td>
<td>Macaroni &amp; Cheese+ Fresh Apple Slices Assorted Milk</td>
</tr>
<tr>
<td>Lunch: Pizza Slice Assorted Applesauce Cup Assorted Milk</td>
<td>Lunch:</td>
<td>Lunch:</td>
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<tr>
<td>Cheesy Pizza Bagel+ Assorted Applesauce Cup Assorted Milk</td>
<td>Rise n’ Shine Crunch Bar+ Applesauce Cup Assorted Milk</td>
<td>Egg Mini Pancakes w Chicken Sausage Tater Tots Assorted Milk</td>
<td>Pumpkin Bread Slice+ Craisins Assorted Milk</td>
<td>Southwest Egg &amp; Cheese Breakfast Sliders+ 100% Fruit Juice Assorted Milk</td>
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<td>Assorted Cereal Bowl 100% Fruit Juice Assorted Milk</td>
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<td>Pumpkin Bread Slice+ Craisins Assorted Milk</td>
<td>Southwest Egg &amp; Cheese Breakfast Sliders+ 100% Fruit Juice Assorted Milk</td>
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<td>Lunch:</td>
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<tr>
<td>Cheese Pizza Bagel+ Assorted Applesauce Cup Assorted Milk</td>
<td>Chicken Nuggets Fresh Fruit in Season Assorted Milk</td>
<td>Café Burger1 Chicken Sausage Crinkle Cut Fries Assorted Milk</td>
<td>Three Cheese Pasta+ Meat Sauce Fresh Apple Slices Assorted Milk</td>
<td>Rotini Pasta+ Meat Sauce Fresh Apple Slices Assorted Milk</td>
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<td>Assorted Cereal Bowl 100% Fruit Juice Assorted Milk</td>
<td>Blueberry Mini Muffin Loaf+ Assorted Fresh Fruit Assorted Milk</td>
<td>Pillsbury Cinnamon Stuffed Bagel+ 100% Fruit Juice Assorted Milk</td>
<td>Yogurt w/Graham Crackers+ Craisins Assorted Milk</td>
<td>Pork Sausage, Egg &amp; Cheese Breakfast Bagel* 100% Fruit Juice Assorted Milk</td>
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<tr>
<td>Pizza Slice Assorted Applesauce Cup Assorted Milk</td>
<td>Chicken Nuggets Crinkle Cut Fries Assorted Milk</td>
<td>Fiesta Nacho Dip w Tortilla Chips Red Gold Salsa Assorted Milk</td>
<td>Cheese Pizza Bagel+ Frozen Fruit Cup Assorted Milk</td>
<td>Three Cheese Pasta+ Fresh Apple Slices Assorted Milk</td>
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