

PGCPS Heating Instructions for Frozen Items SY 2020-2021 - Breakfast

** Please note: All microwaves and ovens vary in power; therefore, all cooking times are approximate and may need to be adjusted. Remove all packaging unless it is stated in the instructions below.*

PRODUCT		
Bacon & Cheese Scrambled Eggs	No oven/stovetop instructions available	Place product in a microwave safe bowl or container. Heat on high for 25-30 seconds.
Breakfast Bagel	Place product a baking sheet. Heat at 325 F for 8-11 minutes.	No microwave instructions available for this product.
Cheese, Egg on Bun or in Flour Tortilla	Thaw product before heating. Heat at 275°F for 15-17 minutes Do not heat above 275°F.	Place product in a microwave safe plate. Heat on high 30-40 seconds.
Chicken Sausage Patty	Place product a baking sheet. Heat at 400°F for 15 minutes.	Place product on microwave safe plate. Heat on high for 60-70 seconds.
Cinnamon Glazed Toast	Lay frozen product on baking sheet. Heat at 375°F for 15-18 minutes until golden brown.	Do not remove from ovenable plastic wrapper. Heat on high for 60 seconds.
French Toast Sticks	Lay frozen product on baking sheet. Heat at 375°F for 15-18 minutes until golden brown.	Do not remove from ovenable plastic wrapper. Heat on high for 60 seconds.
Ham, Egg, & Cheese Tac-Go	Place product a baking sheet. Frozen: Heat for 12 minutes at 350°F. Thawed: Heat for 10 minutes at 350°F.	Do <u>not</u> remove from ovenable plastic wrapper. Place product on microwave safe plate. Frozen: Heat on high for 1:40 minutes. Thawed: Heat on high for 50 seconds. Let product rest for 1 minute in wrapper.
Hash Browns	Place product in a single layer on a baking sheet. Heat for 8-13 minutes at 425° F for 8-13 minutes, turning once for uniform cooking.	No microwave instructions available for this product.
Pancakes	Place frozen pouches in a single layer on baking sheet. Heat for 13-15 minutes at 350°F. *DO NOT place pouches directly on oven rack or let pouch touch oven sides.	Place product on microwave safe plate. Heat on high 45 seconds.
Pork Sausage & Cheese Sandwich (Contains Pork)	Do not remove wrapper. Frozen: Heat for 12-15 minutes at 325°F. Refrigerated: Heat for 8-12 minutes at 325°F.	Place product on microwave safe plate. Frozen: Open one end of the wrapper. Heat on high for 60-70 seconds, wait 10 seconds and enjoy. Refrigeration: Open one end of the wrapper. Heat on high for 60-70 seconds, wait 10 seconds and enjoy.
Pork Sausage Pancake Wrap	Do not remove wrapper. Place product on a baking sheet. Frozen: Heat for 20-25 minutes at 350°F. Thawed: Heat for 10-15 minutes at 350°F.	Remove wrapper and place on a microwave safe plate. Frozen: Open one end of the wrapper. Heat on high for 60-70 seconds, wait 20 seconds and enjoy. Refrigeration: Open one end of the wrapper. Heat on high for 60-70 seconds, wait 20 seconds and enjoy.
Southwest Egg & Cheese Breakfast Sliders	Place product on a baking sheet. Frozen: Heat for 14-17 minutes at 350°F.	No microwave instructions available for this product.
Tater Tots	Place product in a single layer on a baking sheet. Heat for 8-13 minutes at 425° F for 8-13 minutes, turning once for uniform cooking.	No microwave instructions available for this product.
Turkey Sausage Breakfast Pizza	Place product a baking sheet. Heat for 20-23 minutes at 375°F.	Place product on microwave safe plate. Heat on high for 2 minutes.
Turkey Sausage & Cheese Scrambled Eggs	No oven/stovetop instructions available	Place product in a microwave safe bowl or container. Heat on high for 25-30 seconds.
Waffles	Place frozen pouches in a single layer on baking sheet. Heat for 13-15 minutes at 350°F. *DO NOT place pouches directly on oven rack or let pouch touch oven sides.	Place product on microwave safe plate. Heat on high 45 seconds.

**** Upon heating product will be hot. Consume with caution. ****
The USDA and MSDE are equal opportunity providers