**Description/Taste**

Sugar Snap Peas are a group of edible podded peas that were developed by breeding a Chinese snow pea with a mutant pea plant. The result is a snappy sweet pea with thicker walls and plump pods. The best way to know if sugar snap peas are fresh and sweet is simply by tasting them.

**Geography/History**

There is a lot of debate to where Sugar Snap Peas originated. The wider opinion is that they were originally from Central Asia or the Middle East. Scientists have found carbon dated Sugar Snap Peas in a cave between Thailand and Burma that were dated around 9750 BC. The true extent to how far these peas have travelled can be seen when the excavation of a Swiss Bronze Age site uncovered some peas dating back to 3,000 BC.