

Dear Parents/Guardians/Staff:

It's flu season, and just like communities across the nation, our community is being impacted.

This month, we have seen spikes in absences due to the flu, colds and stomach viruses in isolated classrooms. The Centers for Disease Control and Prevention (CDC) reports elevated and widespread reports of influenza throughout the nation. The CDC warns this year's flu season, which runs through April, could be serious and unpredictable.

Springhill Lake's Custodial Team are working hard to battle germs and keep your children and the adults who work with them healthy. Our building service workers are increasing their efforts to sanitize high touch areas like desks, countertops, light switches and door knobs.

I encourage all to continue practice with good hygiene, and we will remind our scholars children to wash their hands often, keep their hands away from their eyes, nose and mouth, and to cover coughs and sneezes with their sleeve or a tissue.

Parents, please maintain sending your children to school when they are well. When they are sick, they should remain home. A child who has a fever should remain at home until "fever free" for a minimum of 24 hours. A child who has started antibiotics must be on the medication for 48 hours before considered non-contagious and able to return to school.

The health of our students and staff is our highest priority, and we are doing everything possible to prevent the spread of illness.

Prince George's County Health Department is also offering free flu vaccinations for county residents ages 6 months and older and Prince George's County employees. Monday - Friday 9:00 a.m. - 3:00 p.m. (Except Holidays). Please contact them directly for any questions.

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Cheverly, MD 20785
Phone: [301-583-3300](tel:301-583-3300)

D. Leonard Dyer Regional Health Center
[9314 Piscataway Road](#)
[Clinton, MD 20785](#)

Sincerely,

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